

ST ALBANS EPISCOPAL CHURCH FOURTH SUNDAY AFTER PENTECOST



SUNDAY, JUNE 21, 2026
9:00AM

THE REV. DR. RICHARD VEVIA, JR.
PRIEST-IN-CHARGE

JUSTIN HANSEN
ORGANIST & CHOIRMASTER

St. Alban's Episcopal Church
490 Farragut Circle
El Cajon, CA 92020
Phone: 619-444-8212
E-mail: generalbusiness@stalbanschurch.info
Website: www.st-albans-church.org

Welcome Newcomers!

We are blessed to have you with us today. Please sign our newcomer's book at the back of the church, introduce yourself to the priest, and join us for coffee hour in the Parish Hall immediately after the service, just across the courtyard.

Our hope is that you find a home among us, in a place where the love of God is shared, the mystery of grace is experienced, and the joy and laughter of the Christian life is taught.

To learn more about St. Alban's call the office at (619) 444-8212 or email us at: generalbusiness@stalbanschurch.info. Also, check out our website at www.st-albans-church.org.

To the Parents of Our Young Children

We are so glad you are here! We know how challenging it can be to get a family out the door to come to church. We hope you can relax and receive the gifts of God that are here for you today. Please don't worry about squirming children or crying babies. All are welcome here. If you feel you must leave the service with your child, please come back. As Jesus said, "Let the children come to me." We want them to know they are at home in this house of worship.

To All Worshippers

The presence of those with special needs is a gift to us and the Church. Please welcome all children and give their parents a smile of encouragement. Please greet those with special needs and their families, helping them to know they are valued and accepted in our community. Please introduce yourself to someone you do not know.

Thank you for being the welcoming Body of Christ!

PRAYERS

Please remember in your prayers: Ahlam Westeen, Amanda & family, Angelynn Than & family, Bernice & Grace, Branda Moua, Chris Miller & family, Christine Peters, friends & family of David Webb, Diaa, Don Mitchell, Dyvid Elias, Eileen McMillen, Gavin Bishop, George Elia & Ibtisam Bashee, Georgina & Phil Loveless, Helen Mallancy, Hilda Ro & family, Jamal Shorees, Jason Longsworth, Joy Bishop, Judith Taylor, Judy Brown, Kent Crothers, Laurie Ibanez, Mike & Molly, Mike & Penny Park, Marion Weist & family, Mu Tay, Pa Lae, Ricardo, the Rodriguiz family, Samir Matta, Shae Paw & Lily, and Vivien.

Pray for those serving in the military: Barnes, Christopher Ibanez, Joshua Ibanez, Clarence Thompkins, David Longsworth, Donovan Burns, Jacob Swerdfeger, Lindzy Macias, Phoenix Locken, Riley McMillen, Travis Warner, and Xavier Arthurs.

We pray for peace in the Holy Land most especially for our Christian brothers and sisters in Ukraine, Haiti, Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly, who are suffering deprivation, torture, and death for confessing Christ as their Lord.

In our Diocesan cycle of prayer: We give thanks today for the clergy and people of St. Margaret's in Palm Desert. And, for all doing the work of racial healing and reconciliation, especially in our diocese.

In the Anglican cycle of prayer, we give thanks today for The Church of South India, (United).

Prayer Requests: To make a request or to update requests, please call the St Alban's office: 619-444-8212, or email: generalbusiness@stalbanschurch.info. You are also invited to add a prayer request in the narthex to be read in our Sunday public prayers. We can also receive prayer requests through our website: www.st-albans-church.org



**ACCESSIBLE RESTROOMS ARE LOCATED IN THE PARISH HALL ACROSS THE COURTYARD.
Please ask the usher if you need assistance.**

The Word of God

Prelude

Welcome

Please rise in body or spirit.


Opening Hymn – *Hymnal 564, “He Who Would Valiant Be”*

Opening Acclamation

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be His kingdom, now and forever. Amen.

Gloria – S280



1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

The Collect of the Day –

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

O Lord, make us have perpetual love and reverence for Your holy Name, for You never fail to help and govern those whom You have set upon the sure foundation of Your lovingkindness; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, one God, forever and ever.

People: **Amen.**

A period of silence is kept.

The Lessons

The First Lesson – Jeremiah 20:7-13

Lector: A reading from the book of Jeremiah.

O LORD, You have enticed me, and I was enticed; You have overpowered me, and You have prevailed. I have become a laughingstock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, "Violence and destruction!" For the word of the LORD has become for me a reproach and derision all day long. If I say, "I will not mention Him, or speak any more in His name," then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: "Terror is all around!"	Denounce him! Let us denounce him!" All my close friends are watching for me to stumble. "Perhaps he can be enticed, and we can prevail against him, and take our revenge on him." But the LORD is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonor will never be forgotten. O LORD of hosts, You test the righteous, You see the heart and the mind; let me see Your retribution upon them, for to You I have committed my cause. Sing to the LORD; praise the LORD! For He has delivered the life of the needy from the hands of evildoers.
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Lector: The Word of the Lord.

People: **Thanks be to God.**

The Psalm

Read responsively by verse.

Psalm 69: 8-11, 18-20

BCP Page 680

8 Surely, for Your sake have I suffered reproach, *
and shame has covered my face.

**9 I have become a stranger to my own kindred, *
an alien to my mother's children.**

10 Zeal for Your house has eaten me up; *
the scorn of those who scorn You has fallen
upon me.

**11 I humbled myself with fasting, *
but that was turned to my reproach.**

18 Answer me, O LORD, for Your love is kind; *
in Your great compassion, turn to me.'

**19 "Hide not Your face from Your servant; *
be swift and answer me, for I am in
distress.**

20 Draw near to me and redeem me; *
because of my enemies deliver me.

The Second Reading – Romans 6:1b-11

Lector: A reading from Paul's letter to the Romans.

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into His death? Therefore, we have been buried with Him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with Him in a death like His, we will certainly be united with Him in a resurrection like His. We know that our old self was crucified with Him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with Him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over Him. The death He died, He died to sin, once for all; but the life He lives, He lives to God. So, you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Lector: The Word of the Lord.

People: Thanks be to God.

Sequence Music – *LEV 154, "Taste and See"*

Taste and see.

Taste and see the goodness of the Lord.

O taste and see.

Taste and see the goodness of the Lord,
of the Lord.

The Gospel —Matthew 10:24-39 (Reading in Arabic)

Sequence Music – *LEV 154, "Taste and See"*

The Gospel – Matthew 10:24-39 (Reading in English)

Celebrant: The holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to You, Lord Christ.

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear Him who can destroy both soul and body in hell.

Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges Me before others, I also will acknowledge before My Father in heaven; but whoever denies Me before others, I also will deny before My Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one’s foes will be members of one’s own household.

Whoever loves father or mother more than Me is not worthy of Me; and whoever loves son or daughter more than Me is not worthy of Me; and whoever does not take up the cross and follow Me is not worthy of Me. Those who find their life will lose it, and those who lose their life for my sake will find it.

Celebrant: The Gospel of the Lord.

People: Praise to You, Lord Christ.

Sequence Music – LEV 154, “Taste and See”

Sermon – The Rev. Dr. Richard Vevia, Jr.

Grace to you and peace from God our Father and the Lord Jesus Christ.

Amen.

Lord Christ, You became flesh and dwelled among us and through Your Holy Spirit You dwell among us still.

Use Word and Sacrament this day to help us know this truth more deeply in our hearts
and live its reality more fully in our lives. **Amen.**

Sequence Music – LEV 154, “Taste and See”

A period of silence is kept.

Celebrant: Please rise in body or spirit and join me in saying the Nicene Creed.

The Nicene Creed

All say together.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit
he became incarnate from the Virgin Mary and was made man.**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshipped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead, and the life of the world to come.
 Amen.**

The Prayers of the People

Intercessor: Father, we pray for Your holy Catholic Church;

People: That we all may be one.

Intercessor: Grant that every member of the Church may truly and humbly serve You;

People: That Your Name may be glorified by all people.

Intercessor: We particularly pray for our brothers and sisters in Nepal;

People: That Christians facing opposition from Hindu Nationalists will be bold in faith.

Intercessor: We pray for all bishops, priests, and deacons, particularly Sean our presiding bishop, Susan our bishop, and Richard our priest-in-charge;

People: That they may be faithful ministers of Your Word and Sacraments.

Intercessor: We pray for all who govern and hold authority in the nations of the world, particularly President Donald Trump, Governor Gavin Newsom, and Mayor Bill Wells;

People: That there may be justice and peace on the earth.

Intercessor: Give us grace to do Your will in all that we undertake;

People: That our works may find favor in Your sight.

Intercessor: Have compassion on those who suffer from any grief or trouble;

<p>Ahlam Westeen Amanda & family Angelynn Than & family Bernice & Grace Branda Moua Chris Miller & family Christine Peters friends & family of David Webb Diaa Don Mitchell Dyvid Elias Eileen McMillen Father Richard Gavin Bishop George Elia & Ibtisam Bashee Georgina & Phil Loveless Helen Molanphy Hilda Ro & family</p>	<p>Jamil Shorees Jason Longworth Joy Bishop Judith Taylor Judy Brown Kent Crothers Laurie Ibanez Mike & Molly Mike & Penny Park Marion Weist & family Mu Tay Pa Lae Ricardo the Rodriguiz family Samir Matta Shae Paw & Lily Vivien</p>
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Intercessor: And those not named here but known to You.

People: That they may be delivered from their distress.

Intercessor: Watch over those serving in the military, particularly:

Barnes Christopher Ibanez Joshua Ibanez Clarence Thompkins David Longsworth Donovan Burns	Jacob Swerdfeger Lindzy Macias Phoenix Locken Riley McMillen Travis Warner Xavier Arthurs
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Intercessor: And we give thanks for all our veterans:

People: Thank You good and gracious God.

Intercessor: Give to the departed eternal rest.

People: Let light perpetual shine upon them.

Celebrant: We praise You for Your saints who have entered into joy; particularly **Alban**, Martyr, **Isabel Florence Hapgood**, Ecumenist, and all who have died in the hope of the resurrection,

People: May we also come to share in Your heavenly kingdom.

Celebrant: Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of Your people and strengthen us to do Your will; through Jesus Christ our Lord.

People: Amen.

Confession of Sin

Celebrant: Let us confess our sins against God and our neighbor.

A period of silence is kept.

All say together:

**Most merciful God,
we confess that we have sinned against You
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved You with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of Your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in Your will,
and walk in Your ways, to the glory of Your Name. Amen.**

Absolution

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep You **+** in eternal life.

People: Amen.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

At this time you are invited to greet others with a handshake, a wave or hug in peace as you are comfortable.

Announcements

OFFERING PRAYER

Celebrant: Offer to God a sacrifice of thanksgiving and make good your vows to the Most High. *Psalm 50:14*

Celebrant: All things come from You O Lord.

People: And of Your own we have given You.

Offertory Response – “Lord Let My Heart Be Good Soil”

Lord, let my heart be good soil, o-pen to the seed of your word.

Lord, let my heart be good soil, where love can grow and peace is un-der-stood.

When my heart is hard, break the stone a - way. When my heart is cold,

warm it with the day. When my heart is lost, lead me on your way.

Lord, let my heart, Lord, let my heart, Lord, let my heart be good soil.

The Holy Communion

Please stand in body or spirit.

The Great Thanksgiving

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give Him thanks and praise.

Celebrant: It is right, and a good and joyful thing, always and everywhere to give thanks to You, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord. In fulfillment of His true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to Your Church the power to serve You as a royal priesthood, and to preach the Gospel to all nations.

Therefore, we praise You, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of Your Name:

Sanctus S130

Ho - ly, ho - ly, ho - ly Lord, God of power and might, Ho - ly, ho - ly,
ho - ly Lord, God of power and might, hea - ven and earth are full,
full of your glo - ry. Ho - san - na in the high - est. Ho - san - na in the
high - est. Bless - ed is he who comes in the name of the Lord.
Ho - san - na in the high - est. Ho - san - na in the high - est.

Celebrant: Holy and gracious Father: In Your infinite love You made us for Yourself; and, when we had fallen into sin and become subject to evil and death, You, in Your mercy, sent Jesus Christ, Your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to You, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to Your will, a perfect sacrifice for the whole world.

On the night He was handed over to suffering and death, our Lord Jesus Christ took bread; and when He had given thanks to You, he broke it, and gave it to His disciples, and said,

"Take, eat: This is My Body, which is given for you. Do this for the remembrance of Me."

After supper He took the cup of wine; and when He had given thanks, He gave it to them, and said,

"Drink this, all of you: This is My Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of Me."

Therefore, we proclaim the mystery of faith:

All: **Christ has died.**
Christ is risen.
Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling His death, resurrection, and ascension, we offer You these gifts. Sanctify them by Your Holy Spirit to be for our people the Body and Blood of Your Son, the holy food and drink of new and unending life in Him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve You in unity, constancy, and peace; and at the last day bring us with all Your saints into the joy of Your eternal kingdom.

All this we ask through Your Son Jesus Christ. By Him, and with Him, and in Him, in the unity of the Holy Spirit all honor and glory is Yours, Almighty Father, now and forever.

People: **Amen.**

The Lord's Prayer – *(Arabic/English - please see pew card)*

A moment of reverence is kept.

The Breaking of the Bread

The Invitation

Celebrant: This is the table, not of the church but of Jesus Christ.
It is made ready for those who love Him and who want to love Him more.
So come, you who have much faith and you who have little;
you who have been here often and you who have not been for a long time;
you who have tried to follow and you who have failed;
come, not because the church invites you;
it is Christ, and He invites you to meet Him here.

Celebrant: The Gifts of God for the People of God.

Communion Hymn – Hymnal 341, “For the Bread Which You Have Broken”

Please stand in body or spirit.

Celebrant: The Body and Blood of our Lord Jesus strengthen you and keep you in His grace.

People: Amen.

Post Communion Prayer

All: Eternal God, heavenly Father,
You have graciously accepted us as living members
of Your Son our Savior Jesus Christ,
and You have fed us with spiritual food
in the Sacrament of His Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve You with gladness
and singleness of heart;
through Christ our Lord. Amen.

Blessing

Recessional Hymn – Hymnal 562, “Onward Christian Soldiers”

Dismissal

Celebrant: Go in peace to love and serve the Lord.

All: Thanks be to God. Alleluia! Alleluia!

Postlude

Participants in Today's In-Person and Online Worship

Priest-in-Charge: The Rev. Dr. Richard Vevia, Jr.

Lectors/Intercessors: Colette Hurd, Joanne Bishop, Tracy Vevia

Organist/Choirmaster: Justin Hansen

Streaming Tech: Lily Airy

Gospel Readers: Arabic - Nawal Yousif, Mary Zori, Samir Matta, Jamil Shorees, Ibtisam Bashee, Nahrien Patak, Intissar Razoq, & Musa

Karen - Angelynn Than

Ushers: Sharon Hathaway and Lisa Hilliker

Report Misconduct: The Episcopal Diocese of San Diego considers the reporting and investigation of misconduct to be of critical importance. Reporting enables the diocese to protect the complainant, the respondent, and the larger community. It also allows the diocese to assist with the spiritual, psychological, and emotional needs of all concerned during and after the report of misconduct.

Intake Officers: Ms. Megan Callan, megan@mecallan.com, The Rev. Willy Crespo, fcrespo@gmail.com, and Ms. Meredith Hardy, mlh8180@gmail.com

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CCLI #1373137

ANNOUNCEMENTS

Today is St. Alban's Day

We will celebrate St. Alban today, 21 June. We will be dedicating a cover for our Arabic Gospel Book and a new icon of St. Alban. **Please join us after the service for a barbecue hosted by the Vestry.**

Christianity in Nepal

The government of Nepal is taking an increasingly strong stand against religious conversion. Despite the 2015 constitution that guaranteed religious freedom, Parliament criminalized converting someone to another religion. Christian communities are small, but they boldly witness for Christ despite harassment and risk.

What It Means To Follow Christ In Nepal

There is a small, visible Christian community in Nepal, but believers experience opposition from extremists among the Hindu, Muslim, Buddhist and Marxist groups. Christians face false accusations, harassment and beatings from family and communities. They also face opposition from local Hindu nationalists who envision Nepal returning to its former status as a Hindu kingdom. Christians are considered to be untouchables and are ostracized by society. They are seen as people who “destroy culture” and promote foreign religions.