



St. ALBAN'S
EPISCOPAL CHURCH

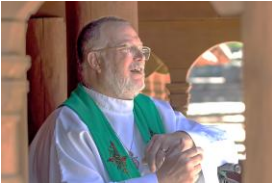
Celebrating and Sharing God's Love

March 2026

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LENT

# The Almanac





## PIC's Pickings

How is Lent going for you?

Are you keeping your Lenten disciplines?

Are you keeping any disciplines at all?

Perhaps you misunderstand Lent. Lent is not about doing this or not doing that. "Christianity," CS Lewis says, "has lots to say about self-denial, but not about self-denial as an end in itself. We are told to deny ourselves and to take up our crosses in order that we may follow Christ."

The writer of Hebrews tells us, "let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross" (Hebrews 12:1, 2).

Olympic athletes do not focus on their training (disciplines), they have their eyes on the gold.

So, as we pray, fast, and give alms/do works of mercy may we do so in order to follow Christ and for the Resurrection joy that is before us.

Blessed Lent,

*Father Richard*

# FROM THE TREASURER'S VAULT

## Treasurer's Report - January 31, 2026



### GENERAL FUND

Checking Balance as of

- Checking Balance as of December 31, 2025: \$23,005.79

- TOTAL INCOME/EXPENSES:

Offerings: \$ 3,319.38  
Other Income: \$14,347.02  
TOTAL Income: \$17,666.40

TOTAL Expenses \$27,308.31

- Checking Balance as of January 31, 2026: \$13,443.25
- Average attendance for 4 Sundays in January = 33

### January Weekly Offering

- January 4, 2026
  - Attendance: 27 & Online Views
  - Pledge: \$1,801.00
  - Plate: \$ 148.77
- January 11, 2026
  - Attendance: 33 & Online Views
  - Pledge: \$503.00
  - Plate: \$ 54.61
- January 18, 2026
  - Attendance: 31 & Online Views
  - Pledge: \$310.00
  - Plate: \$256.00
- January 25, 2026
  - Attendance: 39 & Online Views
  - Pledge: \$171.00
  - Plate: \$ 75.00
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## UPCOMING IMPORTANT TRAINING

1. Eucharistic Visitors carry the sacrament from the altar to those unable to attend worship, extending our shared table into homes, hospitals, and care facilities. Register for the upcoming Eucharistic Visitor Training (offered online) to deepen your understanding of this sacred ministry, review diocesan guidelines, and be equipped to serve with reverence and pastoral presence.

**Eucharistic Visitor Training - March 10, 2026 - online 5:30-8:30 PM.** Registration closes on March 3, 2026 <https://edsd.org/formation/eucharistic-visitor/>

2. Safe Church, Safe Communities training is required for all volunteer and employment positions throughout the diocese. It is the Church's responsibility to ensure safety, integrity, and trust within its community.

**In-person Safe Church Safe Communities Training - March 10, 2026 - St. Timothy's Rancho Penasquitos - 12:30-3:30 PM.** Registration closes on March 6, 2026.

<https://www.cognitofrms.com/TheEpiscopalDioceseOfSanDiego/SafeChurchSafeCommunitiesInPersonTraining>

*This is particularly beneficial for people who are challenged by technology or who would benefit from community support because of the subject matter.* You can find all of the requirements with links to complete them listed here: <https://edsd.org/lay-licensing/>

# March 2026

| Sun                              | Mon                                 | Tue                                                      | Wed                         | Thu                                               | Fri                                 | Sat                        |
|----------------------------------|-------------------------------------|----------------------------------------------------------|-----------------------------|---------------------------------------------------|-------------------------------------|----------------------------|
| 1<br>Worship Service<br>9:00 am  | 2                                   | 3<br>Bilingual Mass<br>8:30AM<br>Food Pantry<br>9-11 AM  | 4<br>Cub Scout meeting 5pm  | 5                                                 | 6                                   | 7<br>Clocks forward 1 hour |
| 8<br>Worship Service<br>9:00 am  | 9<br>Monday Night Blues<br>NA 7:30  | 10<br>Gift of Dance 5pm                                  | 11<br>Cub Scout meeting 5pm | 12                                                | 13<br>Straight Shooters NA 8pm      | 14                         |
| Daylight Saving Time Begins      | Monday Night Blues<br>NA 7:30       | Gift of Dance 5pm                                        | 11<br>Cub Scout meeting 5pm | 12<br>Scout Troop 308 meeting 6:00pm              | 13<br>Straight Shooters NA 8pm      | 14                         |
| 15<br>Worship Service<br>9:00 am | 16                                  | 17<br>Bilingual Mass<br>8:30AM<br>Food Pantry<br>9-11 AM | 18<br>Cub Scout meeting 5pm | 19                                                | 20                                  | 21                         |
| Last Sunday of Epiphany          | Monday Night Blues<br>NA 7:30       | 17<br>Bilingual Mass<br>8:30AM<br>Food Pantry<br>9-11 AM | 18<br>Cub Scout meeting 5pm | 19<br>San Diego Widows & Widowers Group 11:30-3pm | 20<br>Straight Shooters NA 8pm      | 21                         |
| Vestry Mtg                       | Monday Night Blues<br>NA 7:30       | Gift of Dance 5pm                                        | 18<br>Cub Scout meeting 5pm | 19<br>San Diego Widows & Widowers Group 11:30-3pm | 20<br>Straight Shooters NA 8pm      | 21                         |
| 22<br>Worship Service<br>9:00 am | 23                                  | 24                                                       | 25                          | 26                                                | 27                                  | 28                         |
| 22<br>Worship Service<br>9:00 am | 23<br>Monday Night Blues<br>NA 7:30 | 24<br>Gift of Dance 5pm                                  | 25<br>Cub Scout meeting 5pm | 26<br>St Joseph                                   | 27<br>1 <sup>st</sup> Day of Spring | 28                         |
| First Sunday of Lent             | Monday Night Blues<br>NA 7:30       | Gift of Dance 5pm                                        | 25<br>Cub Scout meeting 5pm | 26<br>St Joseph                                   | 27<br>1 <sup>st</sup> Day of Spring | 28                         |
| 29                               | 30                                  | 31                                                       |                             |                                                   |                                     |                            |
| PALM SUNDAY                      | Holy Week Begins                    |                                                          |                             |                                                   |                                     |                            |





## *Sunday School News*

*By Caroline Mahon-Hurd*



### **A MESSAGE FROM OUR SUNDAY SCHOOL DIRECTOR**

Hello Sunday School families,

Sunday School starts **each Sunday at 9:00 am.**

Children who attend Sunday School can join their families for communion during the church service.

**We will not be having Sunday School on the 1st Sunday of each month. Please join us for the regular morning worship service on those days.**

Blessings, Caroline Mahon-Hurd

Sunday School email: [stalbansundayschool@gmail.com](mailto:stalbansundayschool@gmail.com)

Please use this email with any questions about Sunday School, or special needs attendance.

### **Easter Message**

**We will be having our annual Easter Egg Hunt with our friends at First Presbyterian Church again this year. The Easter Egg Hunt will be following the Easter Sunday Service on April 5.**

**We are looking for wrapped candy and plastic eggs donations. Please drop off any donations in the Sunday School room. Thank you for your support.**



## COME SING WITH US!

### Chancel Choir Auditions

We are forming a Chancel Choir to help lead worship and to support our livestream ministry. This smaller ensemble will be seated in the chancel and will be the choir heard on our weekly Facebook Live broadcast, providing confident leadership for congregational singing. Additional instruments will be also placed in or near the chancel.

Members of the choir not seated in the chancel are still warmly encouraged to participate from the pews as part of the congregational choir — this new group simply serves in a leadership role during the service.

### Audition Information

Auditions will be held following the Vestry meeting **March 15.**

The audition is simple and low-stress:

- Sing a familiar hymn (provided)
- Basic vocal range and scale exercises

No solo preparation is required — the goal is simply to help place voices comfortably and create a balanced ensemble.

If you feel called to help lead worship through music and would like to be part of this ministry, we would love to hear you!

Please contact Justin at [jrayhansen@icloud.com](mailto:jrayhansen@icloud.com) to sign up or ask questions.

Thank you!!!!

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San Diego's Contemplative Outreach Presents:  
*"An Introduction to Centering Prayer"*

**Saturday, March 21, 2026**

**8:30am to 2:00pm**

**at St. Mark's Lutheran Church**

**580 Hilltop Drive, Chula Vista, CA 91910**

This program is open to anyone.

There is enrichment and insight for everyone.

Registration is required. Questions? Email Contemplative Outreach:

[consdinfo@gmail.com](mailto:consdinfo@gmail.com)

*This event is in both English and Spanish.*

*Please bring a sack lunch, morning refreshments will be provided.*

## *St Alban's Leadership*

### *Staff*

Father Richard Vevia ~ Priest in Charge

**619-444-8212**, revdrvevia@gmail.com

Office hours: Tues, Thurs, Sun. 8am-12 pm  
or in case of emergency: **619-318-2993**

Mary Zori ~ Postulant

Denise Cote ~ Assistant to PIC/Office  
Manager; **619-444-8212**

dcote@stalbanschurch.info

Office hours: Tues - Thurs, 9am-1pm

Caroline Mahon-Hurd ~ Sunday School Dir

Hsa Blu Moo ~ Dir of Communications

Victoria Mayor ~ Social Media Director

Judy Brown ~ Treasurer

Lisa Hilliker ~ Altar Guild

### *Wardens & Vestry*

Mike Park ~ Senior Warden  
~ Junior Warden

Judy Brown ~ Secretary / Treasurer

Mary Zori ~ Vestry Member

Judy Brown ~ Vestry Member

Laurie Ibanez ~ Vestry Member

Intissar Razoq ~ Vestry Member

Ibtisam Bashee ~ Vestry Member

Jacque Swerdfeger ~ Vestry Member

Eileen McMillen ~ Vestry Member

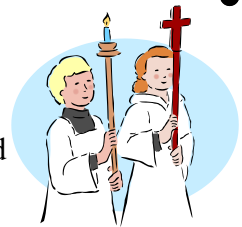
Dennis Gatlin ~ Vestry Member

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### **Worship & Learn With Us:**

#### **Worship Services**

**Sunday 9:00 am** in the St Alban's Sanctuary. OR watch live streamed  
on the St Alban's Facebook page.



**Tuesday Bilingual Mass (English & Arabic), with**

**Eucharist is at 8:30 am on 1st & 3rd Tuesdays in the St. Alban's Sanctuary.** This service is  
available only in person. All are welcome.



St. ALBAN'S  
EPISCOPAL CHURCH

490 Farragut Circle  
El Cajon, CA 92020  
Phone: 619-444-8212

Email: [generalbusiness@stalbanschurch.info](mailto:generalbusiness@stalbanschurch.info)



Visit us on the web  
[www.st-albans-church.org](http://www.st-albans-church.org)