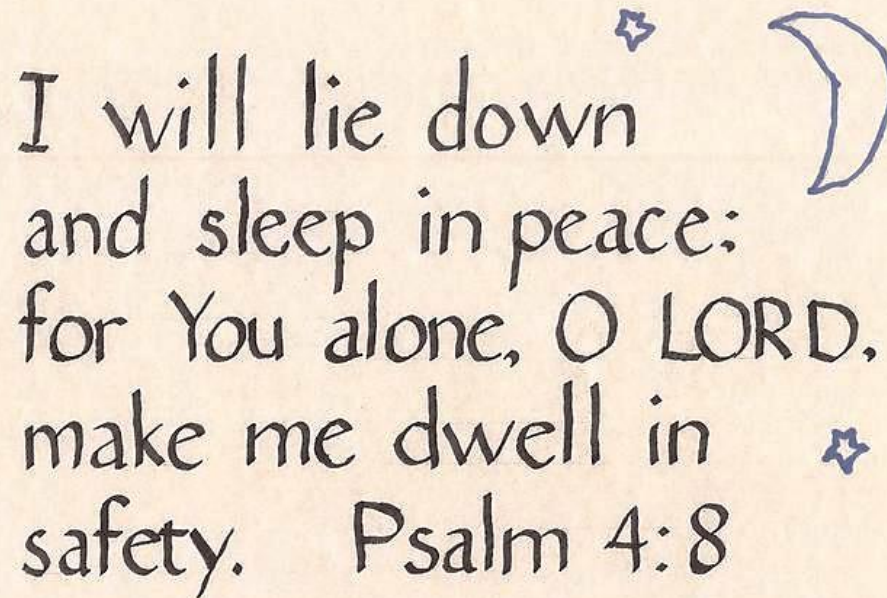


ST ALBANS EPISCOPAL CHURCH  
EASTER 3



I will lie down  
and sleep in peace:  
for You alone, O LORD,  
make me dwell in  
safety. Psalm 4:8

SUNDAY, APRIL 14, 2024

9:30AM

THE REVEREND DR. WILLY CRESPO  
TRANSITIONAL PRIEST

JUSTIN HANSEN, ORGANIST

## Welcome Newcomers!

We are blessed to have you with us today. Please sign our newcomer's book at the back of the church, introduce yourself to the priest, and join us for coffee hour in the Parish Hall immediately after the service, just across the courtyard.

Our hope is that you find a home among us, in a place where the love of God is shared, the mystery of grace is experienced and the joy and laughter of the Christian life is taught.

To learn more about St. Alban's call the office at (619) 444-8212 or email us at: [generalbusiness@stalbanschurch.info](mailto:generalbusiness@stalbanschurch.info). Also, check out our website at [www.st-albans-church.org](http://www.st-albans-church.org).



Children are welcome in our worship! Sunday School is available in the building across the courtyard at 9:30am. The children return to their parents at the church for the Communion service.



### Flowers are given today to the glory of God

Have you ever wondered how we get such beautiful flowers at St. Alban's on Sundays? They are paid for by parishioners who dedicate flowers to commemorate a special occasion such as an anniversary, a baptism, a birthday, a graduation, or in memory of departed loved ones. If you would like to dedicate flowers for a special occasion or memorial, you can do so by filling out a flower donation envelope found in the narthex (the main church entrance), place your check or cash in the envelope and put it in the offering plate or in one of the wooden boxes at the front or back of the church. Please remember to mark on your envelope who you are and who you are commemorating with your gift.

To maintain a peaceful worship environment, please silence your cell phone. Thank you!



**ACCESSIBLE RESTROOMS ARE LOCATED IN THE PARISH HALL ACROSS THE COURTYARD**

# The Entrance Rite

*Prelude*

*Please stand as you are able.*

**Opening Hymn – Hymnal 180, “He is risen, he is risen!”, verses 1, 2, 3**

## Opening Acclamation

**Celebrant** Alleluia! Christ is Risen!  
**People** **The Lord is Risen Indeed! Alleluia!**

**Celebrant** There is one Body and one Spirit;  
**People** **There is one hope in God's call to us;**

**Celebrant** One Lord, one Faith, one Baptism;  
**People** **One God and Father of all.**

## THE COLLECT OF THE DAY –

**Celebrant** The Lord be with you.

**People** **And also with you.**

**Celebrant** Let us pray.

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

*A period of silence is kept.*

## THE LITURGY OF THE WORD

### The First Lesson – Acts 3:12-19

**Lector:** A reading from the book of Acts.

Peter addressed the people, “You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.

“And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out.”

**Lector:** The word of the Lord.

**People:** **Thanks be to God.**

1 Answer me when I call, O God, defender of my cause; * you set me free when I am hard-pressed; have mercy on me and hear my prayer.	5 Offer the appointed sacrifices * and put your trust in the LORD.
2 "You mortals, how long will you dishonor my glory; * how long will you worship dumb idols and run after false gods?"	6 Many are saying, "Oh, that we might see better times!" * Lift up the light of your countenance upon us, O LORD.
3 Know that the LORD does wonders for the faithful; * when I call upon the LORD, he will hear me.	7 You have put gladness in my heart, * more than when grain and wine and oil increase.
4 Tremble, then, and do not sin; * speak to your heart in silence upon your bed.	8 I lie down in peace; at once I fall asleep; * for only you, LORD, make me dwell in safety.

**The Epistle – I John 3:1-7**

**Lector:** A reading from the first book of John.

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

**Lector:** The Word of the Lord.

**People:** Thanks be to God.

**Sequence Music****THE GOSPEL – Luke 24:36b-48**

**Celebrant:** The holy Gospel of our Lord Jesus Christ according to Luke.

**People:** Glory to you Lord Christ.

Jesus himself stood among the disciples and said to them, "Peace be with you." They were startled and terrified and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

**Celebrant:** The Gospel of the Lord.

**People:** Praise to you, Lord Christ.

**Sermon – The Reverend Dr Willy Crespo**

**Celebrant:** Let us stand together and say the Nicene Creed.

**The Nicene Creed**

*All say together:*

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,**

**the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

**PRAYERS OF THE PEOPLE - (Please stand or kneel if you are able)**

**Intercessor:** The Lord be with you.

**People:** **And also with you**

**Intercessor:** Let us pray.

**Intercessor:** We pray for those around us as they live their lives.

**People:** **For those close, for those far away, and for those who have no one else to pray for them.**

**Intercessor:** For our communities, especially El Cajon.

**People:** **For friends, strangers, and the ties that keep them together.**

**Intercessor:** For our nation – we pray for wisdom for its leaders, particularly our President, and for the health and safety for those serving in the military. Especially Riley, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Donovan, Christopher and Joshua Ibanez, Brandon, Travis Warner, and for all our veterans.

**People:** **May it shine forth as a beacon of nobility and compassion.**

**Intercessor:** We pray for this earth, your creation;

**People:** **That we may be faithful stewards of its bounty.**

**Intercessor:** We pray for unity in the Church, and peace for all its members;

**People:** **For those who spread your Gospel by word or by action.**

**People:** **We pray for the leaders of our church; for Michael our presiding bishop, Susan our bishop, Willy our interim priest, and for all bishops, priests and deacons.**

**Intercessor:** We pray for people in our world. Most especially for our Christian brothers and sisters in Ukraine, Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly.

**People:** **Lord in your mercy, hear our prayer.**

**Intercessor:** We lift up to you our concerns, praying especially for: all who are refugees, Hilda Ro & family, Christine P, Judith Taylor, Victoria, Mike & Penny, Ralph McMillen, Georgina & Phil, Bonnie, Almas I, George Elia, Ibtisam, Dyvid, Lee Todd, James M, Jonathan S & family, Terri, Carol C, Leslie, Kent C, Stacy L, Lisa H, Jordan, Samir M, Kent C, Pacitti, the family of Muneer, Theresa, and Bill Smith.  
*(Please take a few moments to express thanks to God either vocally or silently.)*

**Intercessor:** We pray for those who have died.

**People:** **Grant rest to their souls and comfort to those they have left behind.**

**Intercessor:** Almighty God, we pray for the guidance of your Holy Spirit as we seek a new priest for our church. You know our special needs and the task that lies to our hand. Direct us in our search and give us insight to perceive the leader you would choose for us. And we further pray, O Lord, that in this time of waiting we may all devote ourselves afresh to your service, so that nothing be lost of the faithful work of the past, but rather that it may be brought to a rich harvest in the years to come. This we ask in the name of Jesus Christ our Lord.

**Celebrant:** Lord hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your name, through Jesus Christ our Lord.

**People:** **Amen.**

## Confession of Sin

**Celebrant:** Let us confess our sins against God and our neighbor.

*A period of silence is kept.*

*All say together:*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

## Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you † in eternal life. **Amen.**

## The Peace

**Celebrant:** The peace of the Lord be always with you.

**People:** **And also with you.**

*Please remember that Passing the Peace is part of our liturgy. It is a time to welcome each other and to share a phrase like, "The peace of the Lord be with you", and to hear a response in kind like "And also with you". It is not intended to be a time for discussion. It is better to keep discussions for before or after church, at Coffee Hour is a great place for fellowship. At this time, you are invited to greet others with a handshake, a wave or hug in peace as you are comfortable.*

**Announcements** – *Sunday School students join their families*

**Special Prayers for Birthdays, Anniversaries, and Travelers:** If you had a birthday, anniversary last week or this week, or if you are going to travel soon, please stand / come forward and we will pray for you.

**Birthday:** O God, our times are in your hand: Look with favor, we pray, on your servant(s) \_\_\_\_\_ as *he/she/they* begin another year. Grant that *he/she/they* may grow in wisdom and grace and strengthen *his/her/their* trust in your goodness all the days of *his/her/their* life; through Jesus Christ our Lord. Amen.

Many happy returns on the day of your birth. May seasons of joy be given. May God in his mercy prepare you on earth for a beautiful birthday in heaven. Amen.

**Anniversaries:** Lord, we thank you for this couple \_\_\_\_\_ and for all of the years that they have had together. Today, as we celebrate their anniversary, our prayer is that you will continue to bless them. Lord, we pray that you will honor their commitment to each other and to You by granting them many more years of happiness together. Amen.

**Travelers:** O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel \_\_\_\_\_; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

### **OFFERING PRAYER**

**Celebrant:** Offer to God a sacrifice of thanksgiving and make good your vows to the Most High. *Psalm 50:14*

### **OFFERTORY – “Pathetique Sonata, Movement II” by L.v. Beethoven - Justin Hansen - Piano Solo**

**Doxology – Hymnal 380** (*all sing*)  
*Praise God from whom all blessings flow.*  
*Praise him, all creatures here below.*  
*Praise him above, ye heavenly hosts.*  
*Praise Father, Son and Holy Ghost, Amen.*

## THE GREAT THANKSGIVING

**Sursum Corda** (*Please stand, as you are able*)

**Celebrant:** The Lord be with you.

**People:** **And also with you.**

**Celebrant:** Lift up your hearts.

**People:** **We lift them to the Lord.**

**Celebrant:** Let us give thanks to the Lord our God.

**People:** **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**The Sanctus – Hymnal S-130**

**Holy, holy, holy Lord**

**God of power and might (repeat)**

**Heaven and earth are full,**

**Full of thy glory**

**Hosanna in the highest (repeat)**

**Blessed is he that comes**

**In the name of the Lord.**

**Hosanna in the highest (repeat)**

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

***Celebrant and People***

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

**All: Amen.**

### **The Lord's Prayer**

**Officiant:** And now let us pray as our Lord has taught us:

*(To be read in unison)*

<b>Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.</b>	<b>And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.</b>
--	--

## THE HOLY COMMUNION

*A moment of reverence is kept.*

### **The Breaking of the Bread**

#### **The Invitation - Celebrant**

This is the table, not of the church but of Jesus Christ.

It is made ready for those who love him and who want to love him more.

So come, you who have much faith and you who have little;

you who have been here often and you who have not been for a long time;

you who have tried to follow and you who have failed;

come, not because the church invites you;

it is Christ, and he invites you to meet him here.

**Celebrant:** The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Communion Hymn – LEV 152, “Let us break bread together”**



*Please stand as you are able.*

**Post Communion Prayer**

*Celebrant and People:*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**Blessing**

**Recessional Hymn – LEV 43, "God sent his son, they called him Jesus"**

**Celebrant:** Go in peace to love and serve the Lord.

**All:** Thanks be to God.

**Postlude**





## PRAYERS

**Please remember in your prayers**, praying especially for: all who are refugees, Hilda Ro & family, Christine P, Judith Taylor, Victoria, Mike & Penny, Ralph McMillen, Georgina & Phil, Bonnie, Almas I, George Elia, Ibtisam, Dyvid, Lee Todd, James M, Jonathan S & family, Terri, Carol C, Leslie, Kent C, Stacy L, Lisa H, Jordan, Samir M, Kent C, Pacitti, the family of Muneer, Theresa, and Bill Smith.

**Pray for those serving in the military especially:** Riley, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Donovan, Christopher and Joshua Ibanez, Brandon, and for our veterans.

We pray for peace in the Holy Land most especially for our Christian brothers and sisters in Ukraine, Haiti, Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly, who are suffering deprivation, torture, and death for confessing Christ as their Lord.

**In our Diocesan cycle of prayer**, we give thanks today for the Clergy and people of St. Andrew's in La Mesa. And also, for the children and teachers of St. Andrew's Parish Day School.

**In the Anglican cycle of prayer**, we give thanks today for the Anglican Church in Aotearoa, New Zealand, and Polynesia.

---

---

### Participants in Today's In-Person and Online Worship

**Transitional Priest:** The Reverend Dr Willy Crespo

**Prayers:** Judy Brown

**Streaming Tech:** Hsa Blu Moo

**Vergger:** Judy Brown

**Reader (English):**

**Gospel Readers:** **Arabic** Nawal Yousif, Mary Zori, Jamil Shorees, Ibtisam Bashee, Nahrien Patak, Intissar Razoq, & Musa  
**Karen** Angelynn Than

**Usher:** Sharon Hathaway



Thank You for Your Support  
During these challenging times, we  
encourage you to support your home church.  
If you have no home church and like what you see here  
you may support St Alban's Ministries by going to:  
<https://st-albans-church.org/giving>

---

## Announcements for the week of 04/14/2024

### Weekly Bible Study on Zoom, with Fr Willy

Please join us on Wednesdays, 6-7pm, on Zoom. Contact Fr Willy for details.

Join Zoom Meeting: <https://us02web.zoom.us/j/83513559709> Meeting ID: 835 1355 9709 Passcode: 139092

### Join us for our Monthly Forum

Our Forum will take place on the 2<sup>nd</sup> Sunday of each month, after coffee hour in the Parish Hall. The forums are popular church topics and will run for about 45 minutes. For example, our first forum, in July 2023, was on reactions to the sermon and any questions/ideas folks may want to share and raise. Please join us, we would love to hear your views.

### Sunday School

Sunday School starts **each Sunday at 9:30 am**. The children will be attending in-person at St. Alban's Church in the Education Room. (If your child needs to attend the Sunday School via Zoom please contact Caroline Mahon Hurd for details.) Children who attend the in-person Sunday School can join their families for communion during the church service. Also, on months with 5 Sundays: on the 5th Sunday please bring your children to service for a children's sermon!

### Sunday School email: [stalbansundayschool@gmail.com](mailto:stalbansundayschool@gmail.com)

Please use this email with any questions about Sunday School, or special needs attendance.

### Where to Find Other St Alban's Regular Meetings

*The Monthly Vestry meeting -*

**The Vestry meeting is on the 3rd SUNDAY of each month following the worship service.**

*Sunday Worship Service* at 9:30am, We are now meeting in the sanctuary, and also this service can be found on the St Alban's Facebook page each Sunday morning if you prefer to attend from your home.

*Bi-Lingual (Arabic) Eucharist Service* at 8:30am, on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month followed by the food distribution pantry.

### Regular Notices

**Prayer Requests:** To make a request for the prayer chain or bulletin or to update requests, please call the St Alban's office: 619-444-8212, or email: [generalbusiness@stalbanschurh.info](mailto:generalbusiness@stalbanschurh.info). You are also invited to add a prayer request to be read in our Sunday public prayers. Names added will be listed for three weeks only, unless otherwise requested. We can also now receive prayer requests through our website: [www.st-albans-church.org](http://www.st-albans-church.org)

**Parking:** If you are able-bodied, please park in the lot on Camden or the side streets, saving the prime spots for those who require a closer parking space. Thank you!

**Report Misconduct:** As part of our ongoing commitment to creating a safe haven for everyone, our diocese trains people in the prevention of misconduct and encourages all to report misconduct. All reported incidences are taken seriously and investigated thoroughly and confidentially. If you believe you have experienced misconduct of any kind, please contact Mr. John Seitman, [jseitman@pacbell.net](mailto:jseitman@pacbell.net), 858-793-4555 or the Rev. Janet Wheelock, [jwheelock@edsd.org](mailto:jwheelock@edsd.org), 952-240-8067.

**St. Alban's Episcopal Church**  
490 Farragut Circle, El Cajon, CA 92020  
Phone: 619-444-8212  
E-mail: [generalbusiness@stalbanschurh.info](mailto:generalbusiness@stalbanschurh.info)  
Website: [www.st-albans-church.org](http://www.st-albans-church.org)

