

ST. ALBAN'S EPISCOPAL CHURCH
4TH SUNDAY AFTER EPIPHANY



JANUARY 29, 2023

9:30 AM

HOLY EUCHARIST RITE II

ALL ARE WELCOME

THE REVEREND DR. DAVID L MADSEN – RECTOR

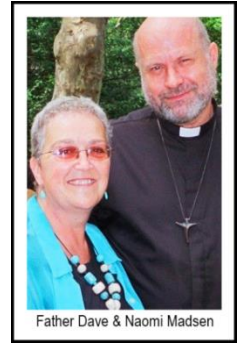
NAOMI MADSEN – MUSIC DIRECTOR

Welcome Newcomers!

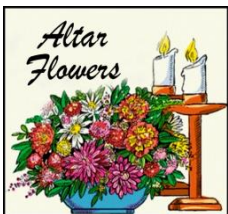
We are blessed to have you with us today. Please sign our newcomer's book at the back of the church, introduce yourself to the priest, and join us for coffee hour in the Parish Hall immediately after the service, just across the courtyard.

Our hope is that you find a home among us, in a place where the love of God is shared, the mystery of grace is experienced and the joy and laughter of the Christian life is taught.

To learn more about St. Alban's, you can schedule an appointment with Father Dave by calling the office at (619) 444-8212 or email us at: generalbusiness@stalbanschurch.info. Also, check out our website at www.st-albans-church.org.



Children are welcome in our worship! Child care and Sunday School are available in the building across the courtyard at 9:30am. Older children return to the church for the children's sermon and Communion. Children's bulletins, coloring books, and crayons are available in the back of the church for use during the service. Please return crayons. Thank you!



Flowers today are given to the glory of God.

Have you ever wondered how we get such beautiful flowers at St. Alban's on Sundays? They are paid for by parishioners who dedicate flowers to commemorate a special occasion such as an anniversary, a baptism, a birthday, a graduation, or in memory of departed loved ones. If you would like to dedicate flowers for a special occasion or memorial, you can do so by filling out a flower donation envelope found in the narthex (the main church entrance), place your check or cash in the envelope and put it in the offering plate.

To maintain a peaceful worship environment, please silence your cell phone. Thank you!



ACCESSIBLE RESTROOMS ARE LOCATED IN THE PARISH HALL ACROSS THE COURTYARD

HOLY EUCHARIST – RITE II

Prelude

Opening Hymn - *Hymnal #427, "When morning gilds the skies"*

WELCOME

Opening Acclamation

Celebrant: Blessed be God most holy glorious and undivided Trinity.

People: **And blessed be God's reign, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria S280 (*all sing*)

Glory to God in the highest, and peace to his people on earth

Lord God, heavenly King, almighty God and Father

We worship you, we give you thanks, we praise you for your glory

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God

You take away the sin of the world, have mercy on us

You are seated at the right hand of the Father, receive our prayer

For you alone are the Holy One, you alone are the Lord

You alone are the Most High, Jesus Christ, with the Holy Spirit

In the glory of God the Father. Amen

(Please remain standing if able for the reading of the Collect)

COLLECT OF THE DAY

Celebrant: The Lord be with you.

All: **And also with you.**

Celebrant: Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. **Amen.**

THE WORD OF GOD

FIRST READING – Micah 6:1-8

Lector: A reading from the book of Micah

Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,
and you enduring foundations of the earth;
for the LORD has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;
and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
 what Balaam son of Beor answered him,
 and what happened from Shittim to Gilgal,
 that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,
 and bow myself before God on high?
 Shall I come before him with burnt-offerings,
 with calves a year old?

Will the LORD be pleased with thousands of rams,
 with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,
 the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;
 and what does the LORD require of you
 but to do justice, and to love kindness,
 and to walk humbly with your God?

Lector: The word of the Lord.

All: Amen.

RESPONSE – Psalm 15

BCP pg. 599

<p>1 LORD, who may dwell in your tabernacle? * who may abide upon your holy hill?</p> <p>2 Whoever leads a blameless life and does what is right, * who speaks the truth from his heart.</p> <p>3 There is no guile upon his tongue; he does no evil to his friend; * he does not heap contempt upon his neighbor.</p>	<p>4 In his sight the wicked is rejected, * but he honors those who fear the LORD.</p> <p>5 He has sworn to do no wrong * and does not take back his word.</p> <p>6 He does not give his money in hope of gain, * nor does he take a bribe against the innocent.</p> <p>7 Whoever does these things * shall never be overthrown.</p>
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THE NEW TESTAMENT – 1 Corinthians 1:18-31

Lector: A reading from the first book of Corinthians.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
 and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Lector: The word of the Lord.

All: Thanks be to God.

SEQUENCE HYMN

THE GOSPEL – Matthew 5:1-12

Celebrant: The holy Gospel of our Lord Jesus Christ according to Matthew.

All: **Glory to you Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

Celebrant: The Gospel of the Lord.

All: **Praise to you, Lord Christ.**

THE SERMON – The Reverend Dr David Madsen

(Please observe a moment of silence)

Celebrant: Let us stand together and say the Nicene Creed.

The Nicene Creed

All say together:

We believe in one God,

**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,**

eternally begotten of the Father,

God from God, Light from Light,

**true God from true God,
begotten, not made,**

of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

**he became incarnate from the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

**With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE - (*Please stand or kneel if you are able*)

Intercessor: The Lord be with you.

People: **And also with you**

Intercessor: Let us pray.

Intercessor: We pray for those around us as they live their lives.

People: **For those close, for those far away, and for those who have no one else to pray for them.**

Intercessor: For our communities, especially El Cajon.

People: **For friends, strangers, and the ties that keep them together.**

Intercessor: For our nation – we pray for wisdom for its leaders, particularly our President, and for the health and safety for those serving in the military. Especially Kendall, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Eric, Stephanie, Donovan, Christopher and Joshua Ibanez, Brandon, Madison, and for our veterans.

People: **May it shine forth as a beacon of nobility and compassion.**

Intercessor: We pray for this earth, your creation;

People: **That we may be faithful stewards of its bounty.**

Intercessor: We pray for unity in the Church, and peace for all its members;

People: **For those who spread your Gospel by word or by action.**

People: **We pray for the leaders of our church; for Michael our presiding bishop, Susan our bishop, Dave our rector, and for all bishops, priests and deacons.**

Intercessor: We pray for people in our world. Most especially for our Christian brothers and sisters in Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly.

People: **Lord in your mercy, hear our prayer.**

Intercessor: We lift up to you our concerns, praying especially for: all who are refugees, Hilda Ro & family, Christine Peters, Judith Taylor, Victoria, Mike & Penny, Ralph McMillen, Betty Johnsen, Bill Bishop, Georgina, Sharon L, Bonnie, George Elias, Terri B, Lelian, the families of Hani and Koharek, and the people of Ukraine.

(Please take a few moments to express thanks to God either vocally or silently.)

Intercessor: We pray for those who have died.

People: **Grant rest to their souls and comfort to those they have left behind.**

Celebrant: Lord hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your name, through Jesus Christ our Lord.

People: **Amen.**

THE CONFESSION

Celebrant: We also pray for forgiveness:

Celebrant and People:

**Have mercy upon us, most merciful God;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Celebrant: Almighty God have mercy on you, forgive you for all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant: The peace of the Lord be always with you.

All: **And also with you.**

Please remember that Passing the Peace is part of our liturgy. It is a time to welcome each other and to share a phrase like: "The peace of the Lord be with you", and to hear a response in kind like "And also with you". It is not intended to be a time for discussion. It is better to keep discussions for before or after church. Coffee hour is a great place for fellowship. At this time, you are invited to greet others with a handshake, a wave or hug in peace as you are comfortable.

ANNOUNCEMENTS - *Sunday School students join their families.*

SPECIAL PRAYERS FOR BIRTHDAYS, ANNIVERSARIES AND TRAVELERS

Birthdays: O God, our times are in your hand: Look with favor, we pray, on your servant(s) _____ as *he/she/they* begin another year. Grant that *he/she/they* may grow in wisdom and grace and strengthen *his/her/their* trust in your goodness all the days of *his/her/their* life; through Jesus Christ our Lord. Amen.

Many happy returns on the day of your birth. May seasons of joy be given. May God in his mercy prepare you on earth for a beautiful birthday in heaven. Amen.

Anniversaries: Lord, we thank you for this couple _____ and for all of the years that they have had together. Today, as we celebrate their anniversary, our prayer is that you will continue to bless them. Lord, we pray that you will honor their commitment to each other and to You by granting them many more years of happiness together. Amen.

Travelers: O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel _____; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

Children's Time with Father Dave

OFFERING INVITATION -

Celebrant: Let us with joyful hearts bring the offerings of our life and labor unto the Lord.

OFFERTORY HYMN – LEV #74, "Jesu, Jesu"

Doxology – Hymnal 380 (all sing)

Praise God from whom all blessings flow.

Praise him, all creatures here below.

Praise him above, ye heavenly hosts.

Praise Father, Son and Holy Ghost, Amen.

OFFERING PRAYER

Celebrant: Offer to God a sacrifice of thanksgiving and make good your vows to the Most High. *Psalm 50:14*

Celebrant: All things come from you O Lord.

People: **And of your own we have given you.**

THE GREAT THANKSGIVING

Sursum Corda (*Please stand, as you are able*)

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons. Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven who forever sing this hymn to proclaim the glory of your Name.

The Sanctus – S125

Holy, holy, holy Lord,

God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest. (repeat)

Blessed is He who comes in the name of the Lord.

Hosanna in the highest. (repeat)

Then the Celebrant continues:

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Maker of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen**

The Lord's Prayer

Officiant: The Lord be with you.

People: And also with you.

Officiant: As our Savior Christ has taught us, we now sing:

Our Fa-ther who art in heav-en, hal-low-ed be thy Name, thy king-dom come, thy will be done, on earth as it is in heav-en. Give us this day our dai-ly bread. And for-give us our tres-pass-es as we for-give those who tres-pass a- gainst us. And lead us not in-to temp-ta-tion, but de-liv-er us from all that is e-vil. For thine is the king-dom, and the pow-er, and the glo-ry for-ev-er. A-men. A-men. A-men.

THE HOLY COMMUNION

A moment of reverence is kept.

The Breaking of the Bread

Fraction: S164 (*all sing*)

Jesus, Lamb of God, have mercy on us

Jesus, bearer of our sins, have mercy on us

Jesus, redeemer, redeemer of the world

Give us your peace, give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Hymn – Hymnal #711, “Seek ye first the kingdom of God”

Please stand as you are able.

Post Communion Prayer

Celebrant and People:

**Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth a people, forgiven, healed, renewed;
that we may proclaim your love to the world and continue
in the risen life of Christ our Savior. Amen.**

Blessing

Recessional Hymn - Hymnal #577, "God is love, and where true love is, God himself is there"

Dismissal

Celebrant: Let us go forth in the name of Christ.
People: Thanks be to God.



PRAYERS



Please remember in your prayers, praying especially for: all who are refugees, Hilda Ro & family, Christine Peters, Judith Taylor, Victoria, Mike & Penny, Ralph McMillen, Betty Johnsen, Bill Bishop, Georgina, Sharon L, Bonnie, George Elias, Terri B, Lelian, the families of Hani and Koharek, and the people of Ukraine.

Pray for those serving in the military especially, Kendall, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Eric, Stephanie, Donovan, Christopher and Joshua Ibanez, Brandon, Madison, and for our veterans.

We pray for peace in the Holy Land most especially for our Christian brothers and sisters in Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly, who are suffering deprivation, torture, and death for confessing Christ as their Lord.

We pray for all people in our country who are suffering from poverty, injustices, brutality, racial and sexual discrimination; for those that are sexually, physically, and verbally abused or bullied; for the unemployed and the underemployed; for the uninsured and the under insured.

In our Diocesan cycle of prayer, we give thanks today for the clergy and people of Christ Church in Coronado. And also, for the students and teachers of Christ Church Day School.

In the Anglican cycle of prayer, we give thanks today for The Church of Pakistan (United).

Participants in Today's In-Person and Online Worship

Rector: The Reverend Dr David Madsen

Prayers: Judy Brown

Music Director/Pianist: Naomi Madsen

Streaming Tech: Hsa Blu Moo, Hser Tha Law, Sa Nay Kyaw

Altar Assistant: Sa Nay Kyaw

Verger: Judy Brown

Gospel Readers: **Arabic** Nawal Yousif, Mary Zori, Jamil Shorees, Ibtisam Bashee,
Karen Angelynn Than

Usher: Sharon Hathaway



Thank You for Your Support
During these challenging times, we
encourage you to support your home church.
If you have no home church and like what you see here
you may support St Alban's Ministries by going to:
<https://st-albans-church.org/giving>

Announcements for the week of 01/29/2023

ST ALBAN'S ANNUAL MEETING

Please plan to join us TODAY after the worship service for St Alban's Annual Meeting. If you are or were a committee or group leader, or one of St Alban's wardens in 2022, please plan on having your report into the office no later than Friday, January 20th. This is so we will have time to print and assemble all the reports. Thanks very much! We'll see you there!

2023 Kalendars are here

Get your 2023 Kalendar! The new Episcopal Kalendar is now available for 2023 for just \$5.00! A convenient size, and all the important dates relevant to the Episcopal calendar year are clearly designated with helpful information on the back of each month's page. Visit or call the St Alban's office, (T-F, 9am-1pm, 619-444-8212), and get yours today!

Sunday School Lessons via ZOOM

The Sunday School is using Zoom as an alternative way to have Sunday School lessons for those families not able to have their children meet in person, so that there is a choice offered of meeting in person OR on Zoom. Our Sunday School director, Caroline Hurd, has created a group named "St Alban's Sunday School".

Please send a text to 619-820-0674 if your children would like to join in the weekly Sunday School ZOOM lesson and Caroline will add your cell phone number to the Sunday School families who have access to join this weekly group. Lessons will run about 20 min and begin at **9:30am**. Families can enjoy the St Alban's live stream of the worship services on Facebook, also at 9:30am.

Also please note: St. Alban's Sunday School has an email address: stalbansundayschool@gmail.com please use this as well with any questions about Sunday School or attending the Zoom Sunday School meetings.

Sunday School Zoom info: <https://zoom.us/j/93662640101>

Meeting code: 71927243001 Password: Di38xF

One tap mobile: +16699009128,,93662640101# US (San Jose)

Where to Find Other St Alban's Regular Meetings

The Monthly Vestry meeting -

NEW INFO: The Vestry meeting is now meeting in person on the 2nd SUNDAY of each month following the worship service.

Sunday Worship Service at 9:30am, We are now meeting in the sanctuary, and also this service can be found on the St Alban's Facebook page each Sunday morning if you prefer to attend from your home.

Regular Notices

Prayer Requests: To make a request for the prayer chain or bulletin or to update requests, please call the St Alban's office: 619-444-8212, or email: generalbusiness@stalbanschurch.info. You are also invited to add a prayer request to be read in our Sunday public prayers. Names added will be listed for three weeks only, unless otherwise requested. We can also now receive prayer requests through our website: www.st-albans-church.org

Parking: If you are able-bodied, please park in the lot on Camden or the side streets, saving the prime spots for those who require a closer parking space. Thank you!

Report Misconduct: As part of our ongoing commitment to creating a safe haven for everyone, our diocese trains people in the prevention of misconduct and encourages all to report misconduct. All reported incidences are taken seriously and investigated thoroughly and confidentially. If you believe you have experienced misconduct of any kind, please contact

Mr. John Seitman, jseitman@pacbell.net, 858-793-4555 or the Rev. Janet Wheelock, jwheelock@edsd.org, 952-240-8067.

St. Alban's Episcopal Church
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