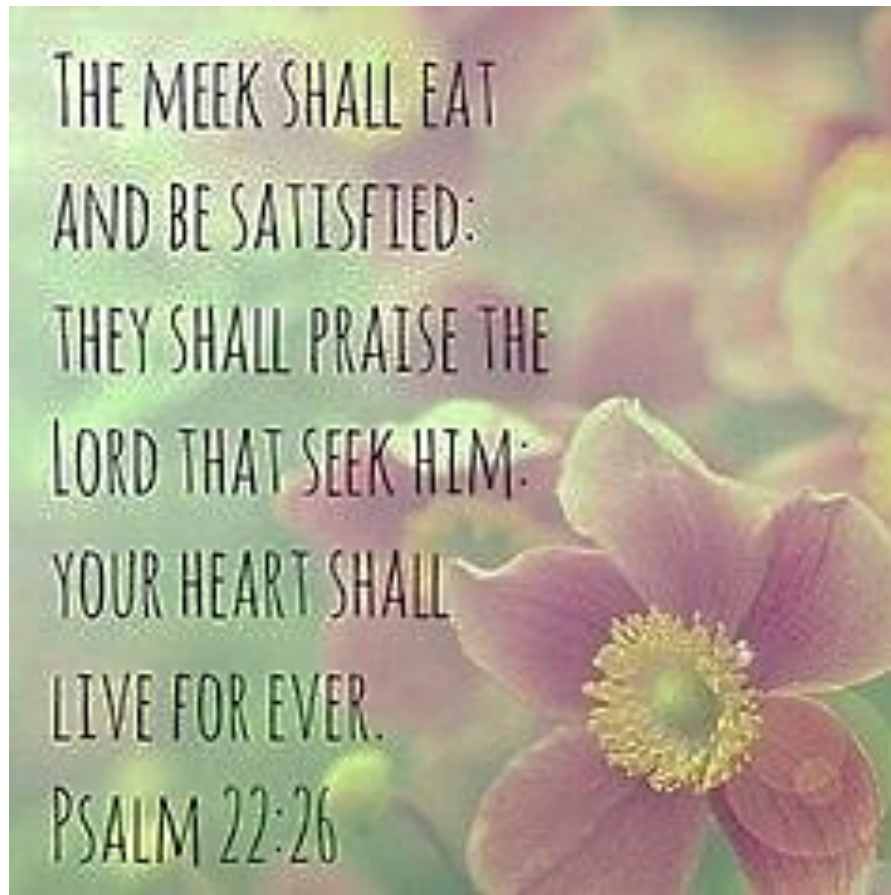


ST. ALBAN'S EPISCOPAL CHURCH



SUNDAY, OCTOBER 10, 2021

9:30AM

THE REVEREND DR. DAVID L. MADSEN, RECTOR

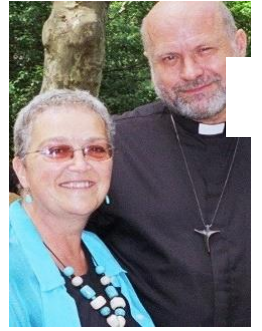
THE REVEREND KATHERINE GORDON, DEACON

NAOMI MADSEN, MUSIC DIRECTOR

THE REVEREND DR. PAUL CARMONA, ORGANIST

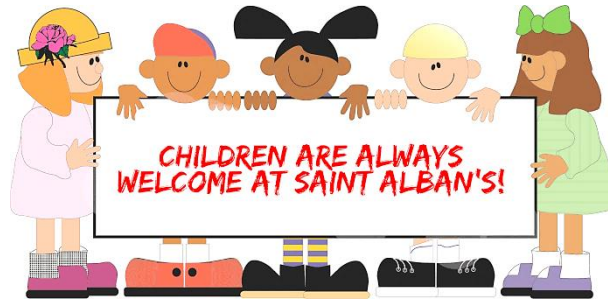
Welcome Newcomers!

We are blessed to have you with us today. Sorry about limited movement and no opportunities to shake hands, hug or sing and other safety regulations due to coronavirus pandemic. We would usually ask you to sign our newcomer's book but would prefer that you call the church office or send an email or note to us and let us know who you are and your contact information. Father Dave would like to talk to you via phone or email. So sorry, we are not offering coffee hour until we see this pandemic from our rear-view window.

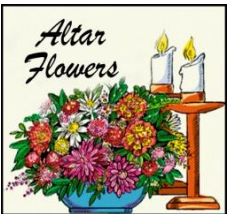


Our hope is that you find a home among us, in a place where the love of God is shared, the mystery of grace is experienced, and the joy and laughter of the Christian life is taught.

To learn more about St. Alban's, you can schedule an appointment with Father Dave by calling the office at (619) 444-8212 or email us at: generalbusiness@stalbanschurch.info. Also, check out our website at www.st-albans-church.org.



Children are welcome in our worship! Sunday School is usually available in the building across the courtyard at 9:30am, but that is all on hold until a future time to be announced. Sunday School will be online. Please see the "Announcements" page at the end of this bulletin for information on how your child can join our Sunday School via the weekly Zoom meetings.



Flowers today are given to the glory of God.

Have you ever wondered how we get such beautiful flowers at St. Alban's on Sundays? They are paid for by parishioners who dedicate flowers to commemorate a special occasion such as an anniversary, a baptism, a birthday, a graduation, or in memory of departed loved ones. If you would like to dedicate flowers for a special occasion or memorial, you can do so by sending a letter to the office, or email or phone call. Donation envelopes are not available at this time.

To maintain a peaceful worship environment, please silence your cell phone. Thank you!



ACCESSIBLE RESTROOMS ARE LOCATED IN THE PARISH HALL ACROSS THE COURTYARD

THE ENTRANCE RITE

Prelude – Pachelbel “*Fantasia in G minor*”; The Rev. Dr. Paul Carmona, organist

Welcome: The Reverend Dr David Madsen

Opening Hymn – *Hymn #11 “Awake, my soul!”*

Opening Acclamation

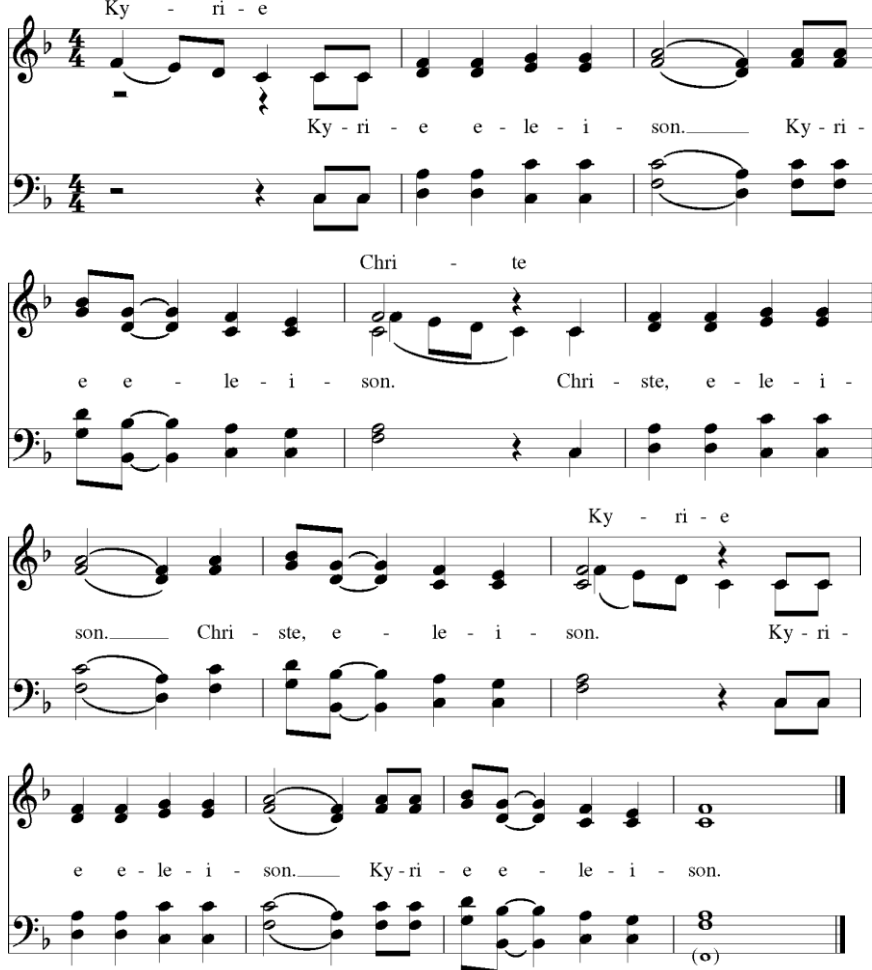
Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be his kingdom now and forever. Amen**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Kyrie, LEV 239 – all sing

Leader
Ky - ri - e



Ky - ri - e e - le - i - son. Ky - ri -

Chri - te

e e - le - i - son. Chri - ste, e - le - i -

son. Chri - ste, e - le - i - son. Ky - ri -

e e - le - i - son. Ky - ri - e e - le - i - son.

(⦿)

THE COLLECT OF THE DAY

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Celebrant: Please be seated for the readings.

THE WORD OF GOD

FIRST LESSON – Job 23:1-9, 16-17

Lector: A reading from the book of Job.

Job said:

"Today also my complaint is bitter;
his hand is heavy despite my groaning.
Oh, that I knew where I might find him,
that I might come even to his dwelling!
I would lay my case before him,
and fill my mouth with arguments.
I would learn what he would answer me,
and understand what he would say to me.
Would he contend with me in the greatness of his power?
No; but he would give heed to me.
There an upright person could reason with him,
and I should be acquitted forever by my judge.
"If I go forward, he is not there;
or backward, I cannot perceive him;
on the left he hides, and I cannot behold him;
I turn to the right, but I cannot see him.
God has made my heart faint;
the Almighty has terrified me;
If only I could vanish in darkness,
and thick darkness would cover my face!"

Lector: The word of the Lord.

All: Amen.

Psalm Tune: "Notre Dame" (Riddagshausen)

RESPONSE – Psalm 22:1-15

BCP pg. 610-611

<p>1 My God, my God, why have you forsaken me? * and are so far from my cry and from the words of my distress?</p> <p>2 O my God, I cry in the daytime, but you do not answer; * by night as well, but I find no rest.</p> <p>3 Yet you are the Holy One, * enthroned upon the praises of Israel.</p> <p>4 Our forefathers put their trust in you; * they trusted, and you delivered them.</p> <p>5 They cried out to you and were delivered; * they trusted in you and were not put to shame.</p> <p>6 But as for me, I am a worm and no man, * scorned by all and despised by the people.</p> <p>7 All who see me laugh me to scorn; * they curl their lips and wag their heads, saying,</p> <p>8 "He trusted in the LORD; let him deliver him; * let him rescue him, if he delights in him."</p>	<p>9 Yet you are he who took me out of the womb, * and kept me safe upon my mother's breast.</p> <p>10 I have been entrusted to you ever since I was born; * you were my God when I was still in my mother's womb.</p> <p>11 Be not far from me, for trouble is near, * and there is none to help.</p> <p>12 Many young bulls encircle me; * strong bulls of Bashan surround me.</p> <p>13 They open wide their jaws at me, * like a ravening and a roaring lion.</p> <p>14 I am poured out like water; all my bones are out of joint; * my heart within my breast is melting wax.</p> <p>15 My mouth is dried out like a pot-sherd; my tongue sticks to the roof of my mouth; * and you have laid me in the dust of the grave.</p>
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THE EPISTLE – Hebrews 4:12-16

Lector: A reading from the book of Hebrews.

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Lector: The word of the Lord.

All: **Thanks be to God.**

A period of silence is kept.

SEQUENCE MUSIC

THE GOSPEL – Mark 10:17-31

Deacon: The holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you Lord Christ.**

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, “Good Teacher, what must I do to inherit eternal life?” Jesus said to him, “Why do you call me good? No one is good but God alone. You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.’” He said to him, “Teacher, I have kept all these since my youth.” Jesus, looking at him, loved him and said, “You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.” When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, “How hard it will be for those who have wealth to enter the kingdom of God!” And the disciples were perplexed at these words. But Jesus said to them again, “Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” They were greatly astounded and said to one another, “Then who can be saved?” Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.”

Peter began to say to him, “Look, we have left everything and followed you.” Jesus said, “Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.”

Deacon: The Gospel of the Lord.

All: **Praise to you, Lord Christ.**

Sermon – The Reverend Deacon Katherine Gordon

A period of silence is kept.

Deacon: Let us stand together and say the Nicene Creed

The Nicene Creed – (All say together)

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,**

**God from God, Light from Light,
 true God from true God,
 begotten, not made, of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE - *(Please stand or kneel if you are able)*

Intercessor: The Lord be with you.

People: **And also with you**

Intercessor: Let us pray.

Intercessor: We pray for those around us as they live their lives.

People: **For those close, for those far away, and for those who have no one else to pray for them.**

Intercessor: For our communities, especially El Cajon.

People: **For friends, strangers, and the ties that keep them together.**

Intercessor: For our nation – we pray for wisdom for its leaders, particularly our President, and for the health and safety for those serving in the military. Especially Kendall, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Eric, Stephanie, Donovan, Christopher and Joshua Ibanez, Brandon, Madison, and for our veterans.

People: **May it shine forth as a beacon of nobility and compassion.**

Intercessor: We pray for this earth, your creation;

People: **That we may be faithful stewards of its bounty.**

Intercessor: We lift up all those impacted by this pandemic, and their families.

People: **Jesus, Lord of life, hear our prayer.**

Intercessor: We pray for unity in the Church, and peace for all its members;

People: **For those who spread your Gospel by word or by action.**

People: **We pray for the leaders of our church; for Michael our presiding bishop, Susan our bishop, Dave our rector, and for all bishops, priests and deacons.**

Intercessor: We pray for people in our world. Most especially for our Christian brothers and sisters in Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly.

People: **Lord in your mercy, hear our prayer.**

Intercessor: We lift up to you our concerns, praying especially all who are refugees, Hilda Ro & family, Christine Peters, Judith Taylor, Victoria, Penny, Ralph McMillen, Lillian, Bill Bishop, Jean K, George Elia, Brian Jasperson and family, Arlene French and family, Georgina L, Rev Sharon, Christine & Dorothy Walker, Laurie I, Mike W, Samira Matta, Amera & Rasha, and David E.

(Please take a few moments to express thanks to God either vocally or silently.)

Intercessor: We pray for those who have died.

People: **Grant rest to their souls and comfort to those they have left behind.**

Celebrant: Lord hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your name, through Jesus Christ our Lord.

People: **Amen.**

THE CONFESSION

Celebrant: We also pray for forgiveness:

Celebrant and People:

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Celebrant: Almighty God have mercy on you, forgive you for all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant: The Peace of the Lord be always with you!

All: **And also with you.**

Because of the coronavirus, please do not touch hug or leave your area of worship. Please remember that Passing the Peace is part of our liturgy. It is a time to welcome each other and to share a phrase like: "The peace of the Lord be with you", and to hear a response in kind like "And also with you". It is not intended to be a time for discussion.

ANNOUNCEMENTS – *Please remember to give announcements to someone before the service or after the service or to leave them at the office. Until further notice we ask that no-one comes forward at announcement time except for the one appointed to give announcements.*

SPECIAL PRAYERS FOR BIRTHDAYS, ANNIVERSARIES AND TRAVELERS

(If you had a birthday, anniversary last week or this week, or if you are going to travel soon, please stand and we will pray for you. Please do not come forward at this time. Thank you.)

Birthday: O God, our times are in your hand: Look with favor, we pray, on your servant(s) _____ as *he/she/they* begin another year. Grant that *he/she/they* may grow in wisdom and grace and strengthen *his/her/their* trust in your goodness all the days of *his/her/their* life; through Jesus Christ our Lord. Amen.

Many happy returns on the day of your birth. May seasons of joy be given. May God in his mercy prepare you on earth for a beautiful birthday in heaven. Amen.

Anniversaries: Lord, we thank you for this couple _____ and for all of the years that they have had together.

Today, as we celebrate their anniversary, our prayer is that you will continue to bless them. Lord, we pray that you will honor their commitment to each other and to You by granting them many more years of happiness together. Amen.

Travelers: O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel _____; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

OFFERING PRAYER

We will not be passing the offering plate until a future time. If you have an offering with you please put it in the collection box as you come forward for communion, or on your way out, there is another collection box near the door in the back of the nave by the door to the narthex.

Celebrant: Offer to God a sacrifice of thanksgiving and make good your vows to the Most High. *Psalm 50:14*

Celebrant: All things come from you O Lord.

People: And of your own we have given you.

THE GREAT THANKSGIVING

Sursum Corda (*Please stand, as you are able*)

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give him thanks and praise.

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven who forever sing this hymn to proclaim the glory of your Name.

The Sanctus – LEV 256, (all sing)

Leader (piano) Ho - ly.

Ho - ly, ho - ly, ho - ly Lord, God of

pow'r and might, heav - en and earth are full of your glo - ry.

Ho - san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho - san - na in the high - est.

The musical score is written for a Leader and piano. It consists of four systems of music. Each system has a vocal line for the Leader and a piano accompaniment line. The key signature is one flat (Bb) and the time signature is 6/8. The lyrics are: "Ho - ly. Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, heav - en and earth are full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est." The piano accompaniment features a steady eighth-note bass line and chords in the right hand.

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

People: Amen.

The Lord's Prayer

Officiant: The Lord be with you.

People: And also with you.

Officiant: As our Savior Christ has taught us, we now sing:

Our Fa-ther who art in heav-en, hal-low-ed be thy Name, thy king-dom come, thy will be done, on earth as it is in heav-en. Give us this day our dai-ly bread. And for-give us our tres-pass-es as we for-give those who tres-pass a-gainst us. And lead us not in-to temp-ta-tion, but de-liv-er us from all that is e-vil. For thine is the king-dom, and the pow-er, and the glo-ry for-ev-er. A-men. A-men. A-men.

A moment of reverence is kept.

THE HOLY COMMUNION

The Breaking of the Bread

Fraction Anthem – LEV 270

**Lamb of God, you take away the sins of the world;
have mercy on us (repeat)**

**Lamb of God, you take away the sins of the world;
grant us peace.**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Hymn – Lift Every Voice and Sing “*I have decided to follow Jesus*”

Please stand as you are able.

Post Communion Prayer

Celebrant and People:

**Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth a people, forgiven, healed, renewed;
that we may proclaim your love to the world and continue
in the risen life of Christ our Savior. Amen.**

Blessing

Recessional – “Blessing Song”

**God bless you now and always
And may his Spirit walk with you each day
And may his Presence guide in all your ways
God bless you now and always *(sing twice)***

Dismissal

Deacon: Let us go forth in the name of Christ. Alleluia, Alleluia!

People: **Thanks be to God. Alleluia, Alleluia!**

PRAYERS



Please remember in your prayers all who are refugees, Hilda Ro & family, Christine Peters, Judith Taylor, Victoria, Penny, Ralph McMillen, Lillian, Bill Bishop, Jean K, George Elia, Brian Jasperson and family, Arlene French and family, Georgina L, Rev Sharon, Christine & Dorothy Walker, Laurie I, Mike W, Samira Matta, Amera & Rasha, and David E.

Pray for those serving in the military especially, Kendall, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Eric, Stephanie, Donovan, Christopher and Joshua Ibanez, Brandon, Madison, and for our veterans.

We pray for peace in the Holy Land most especially for our Christian brothers and sisters in Myanmar (known as Burma), Indonesia, Sri Lanka, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, Somalia, Israel and Palestine, and all places on the earth where people are in danger and treated unfairly, who are suffering deprivation, torture, and death for confessing Christ as their Lord.

We pray for all people in our country who are suffering from poverty, injustices, brutality, racial and sexual discrimination; for those that are sexually, physically and verbally abused or bullied; for the unemployed and the underemployed; for the uninsured and the under insured.

In our Diocesan cycle of prayer, we pray and give thanks today for the Clergy and people of Grace, in San Marcos. And also, for our Executive Council, Standing Committee, Commission on Ministry, and Diocesan Committees and Ministries.

In the Anglican cycle of prayer, we pray and give thanks today for The Church of the Province of West Africa.

Participants in Today's In-Person and Online Worship

Celebrant: The Reverend Dr David Madsen

Deacon: The Reverend Katherine Gordon

Reader(s): TBD

Prayers: Judy Brown

Music Director: Naomi Madsen

Organist: The Reverend Dr Paul Carmona

Streaming Tech: Hsa Blu Moo, Hser Tha Law, Sa Nay Kyaw

Altar Assistant: Sa Nay Kyaw

Vergger: Judy Brown

Gospel – Arabic Reading: Mary Zori

Worship on the campus of St. Alban's has begun reconvening in person under the guidelines as set by San Diego County, the State of CA, and the Episcopal Diocese. Please read through them. Please call the St Alban's office at 619-444-8212 with any questions. Thank you for your help in continuing to keep our campus safe!



Thank You for Your Support
During these challenging times, we
encourage you to support your home church.
If you have no home church and like what you see here
you may support St Alban's Ministries by going to:
<https://st-albans-church.org/giving>

Announcements for the week of 10/10/2021

Sunday School Lessons via ZOOM

The Sunday School is using Zoom as an innovative way to have Sunday School lessons for those families not able to have their children meet in person. This is the hybrid format so that there is a choice offered of meeting in person OR on Zoom. Our Sunday School director, Caroline Hurd, has created a group named "St Alban's Sunday School". **Please send a text to 619-820-0674 if your children would like to join in the ZOOM lesson** and Caroline will add your cell phone number to the Sunday School families who have access to join this weekly group. Lessons will run about 20 min and begin at **9:30am** (New Time!), so families can enjoy the St Alban's live stream of the Holy Eucharist worship services also at 9:30am.

Also please note: St. Alban's Sunday School has an email address: stalbandsundaychool@gmail.com please use this as well with any questions about Sunday School or attending the Zoom Sunday School meetings.

Sunday School Zoom info: <https://zoom.us/j/93662640101>

Meeting code: 71927243001 Password: Di38xF

One tap mobile: +16699009128,,93662640101# US (San Jose)

Where to Find Other St Alban's Weekly Meetings on ZOOM

The Monthly Vestry meeting -

Vestry meeting is 2nd Saturday of each month at 10 AM..

Meeting ID - 235 055 010 Password – 688794

Coffee Hour - Sundays at 11 AM

Meeting ID - 850 7170 9773 Password – 329523

Sunday Worship Service at 9:30am, We are now meeting in the sanctuary, and also this service can be found on the St Alban's Facebook page each Sunday morning if you prefer to attend from your home.

Please note that this info remains the same each week. The Meeting ID's and the Passwords do not change.

Regular Notices

Prayer Requests: To make a request for the prayer chain or bulletin or to update requests, please call the St Alban's office: 619-444-8212, or email: generalbusiness@stalbanschurch.info. You are also invited to add a prayer request to be read in our Sunday public prayers. Names added will be listed for three weeks only, unless otherwise requested. We can also now receive prayer requests through our website: www.st-albans-church.org

Parking: If you are able-bodied, please park in the lot on Camden or the side streets, saving the prime spots for those who require a closer parking space. Thank you!

Report Misconduct: As part of our ongoing commitment to creating a safe haven for everyone, our diocese trains people in the prevention of misconduct and encourages all to report misconduct. All reported incidences are taken seriously and investigated thoroughly and confidentially. If you believe you have experienced misconduct of any kind, please contact Mr. John Seitman, jseitman@pacbell.net, 858-793-4555 or the Rev. Janet Wheelock, jwheelock@edsd.org, 952-240-8067.

St. Alban's Episcopal Church
490 Farragut Circle, El Cajon, CA 92020
Phone: 619-444-8212
E-mail: generalbusiness@stalbanschurch.info
Website: www.st-albans-church.org