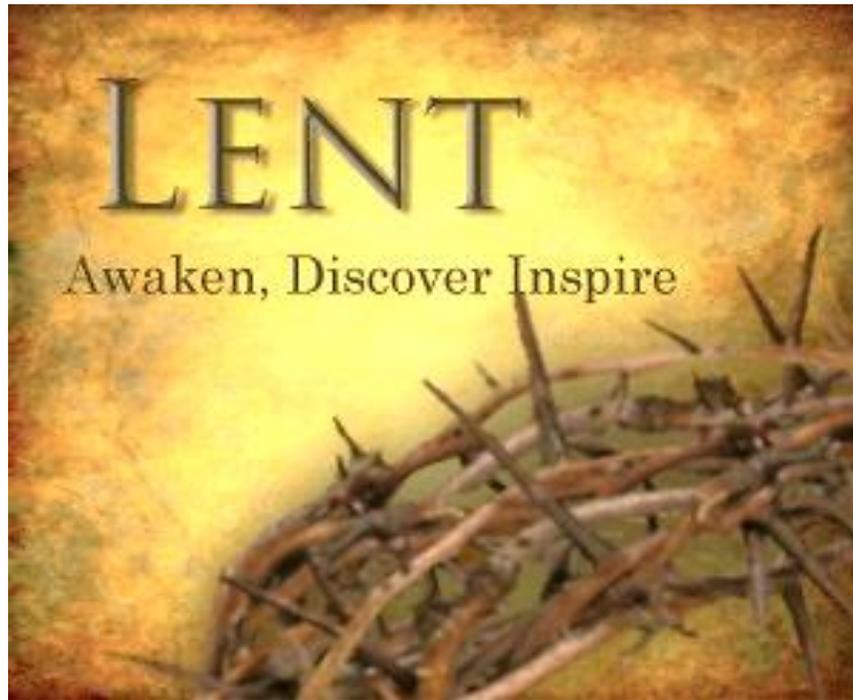


ST. ALBAN'S EPISCOPAL CHURCH

THE FIRST SUNDAY IN LENT



SUNDAY, FEBRUARY 21, 2021

9:30AM

THE REVEREND DR. DAVID L. MADSEN, RECTOR

NAOMI MADSEN, MUSIC DIRECTOR

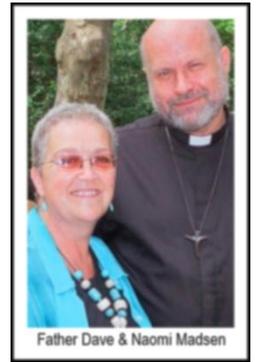
THE REVEREND DR. PAUL CARMONA, ORGANIST

Welcome Newcomers!

We are blessed to have you with us today. Sorry about limited movement and no opportunities to shake hands, hug or sing and other safety regulations due to coronavirus pandemic. We would usually ask you to sign our newcomer's book, but would prefer that you call the church office, or send an email or note to us and let us know who you are and your contact information. Father Dave would like to talk to you via phone or email. So sorry, we are not offering coffee hour until we see this pandemic from our rear-view window.

Our hope is that you find a home among us, in a place where the love of God is shared, the mystery of grace is experienced, and the joy and laughter of the Christian life is taught.

To learn more about St. Alban's, you can schedule an appointment with Father Dave by calling the office at (619) 444-8212 or email us at: generalbusiness@stalbanschurch.info. Also, check out our website at www.st-albans-church.org.



Children are welcome in our worship! Sunday School is usually available in the building across the courtyard at 9:30am, but that is all on hold until a future time to be announced. Sunday School will be online. Please see the "Announcements" page at the end of this bulletin for information on how your child can join our Sunday School via the weekly Zoom meetings.



Flowers today are given to the glory of God.

Have you ever wondered how we get such beautiful flowers at St. Alban's on Sundays? They are paid for by parishioners who dedicate flowers to commemorate a special occasion such as an anniversary, a baptism, a birthday, a graduation, or in memory of departed loved ones. If you would like to dedicate flowers for a special occasion or memorial, you can do so by sending a letter to the office, or email or phone call. Donation envelopes are not available at this time.

To maintain a peaceful worship environment, please silence your cell phone. Thank you!



ACCESSIBLE RESTROOMS ARE LOCATED IN THE PARISH HALL ACROSS THE COURTYARD

The Entrance Rite

Prelude – The Reverend Dr Paul Carmona, Organist

Opening Hymn – Hymnal 145, “Now quit your care and anxious fear”

Now quit your care and anxious fear and worry;
for schemes are vain and fretting brings no gain.
Lent calls to prayer, to trust and dedication;
God brings new beauty nigh: reply, reply, reply with love to love most high;
reply, reply, reply with love to love most high.

To bow the head in sack cloth and in ashes,
or rend the soul, such grief is not Lent’s goal;
but to be led to where God’s glory flashes,
his beauty to come near. Make clear, make clear, make clear where truth and light appear;
Make clear, make clear, make clear where truth and light appear.

Welcome: Father Dave

Opening Acclamation

Celebrant: Bless the Lord who forgives all our sins.

People: **His mercy endures forever.**

THE COLLECT OF THE DAY –

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Hymn of Praise – “Jesus we all adore you”

Jesus we all adore you we praise and bless you forever.
Jesus we all adore you we praise and bless you forever.
For on your holy cross you have delivered all the world from sin.
Jesus we all adore you we praise and bless you forever.
Jesus we all adore you.

Celebrant: Please be seated for the readings.

THE WORD OF GOD

FIRST READING – Genesis 9:8-17

Lector: A reading from the book of Genesis.

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh.

When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

Lector: The word of the Lord.

All: Amen.

Psalm Tune: “Notre Dame” (Riddagshausen)

RESPONSE – Psalm 25:1-9

BCP pg. 614-615

<p>1 To you, O LORD, I lift up my soul; my God, I put my trust in you; * let me not be humiliated, nor let my enemies triumph over me.</p> <p>2 Let none who look to you be put to shame; * let the treacherous be disappointed in their schemes.</p> <p>3 Show me your ways, O LORD, * and teach me your paths.</p> <p>4 Lead me in your truth and teach me, * for you are the God of my salvation; in you have I trusted all the day long.</p> <p>5 Remember, O LORD, your compassion and love, * for they are from everlasting.</p>	<p>6 Remember not the sins of my youth and my transgressions; * remember me according to your love and for the sake of your goodness, O LORD.</p> <p>7 Gracious and upright is the LORD; * therefore he teaches sinners in his way.</p> <p>8 He guides the humble in doing right * and teaches his way to the lowly.</p> <p>9 All the paths of the LORD are love and faithfulness * to those who keep his covenant and his testimonies.</p>
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THE EPISTLE – 1 Peter 3:18-22

Lector: A reading from the first book of Peter.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Lector: The word of the Lord.

All: Thanks be to God.

A period of silence is kept.

SEQUENCE MUSIC

THE GOSPEL – Mark 1:9-15

Celebrant: The holy Gospel of our Lord Jesus Christ according to Mark.

All: Glory to you Lord Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, “You are my Son, the Beloved; with you I am well pleased.”

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

Celebrant: The Gospel of the Lord.

All: Praise to you, Lord Christ.

Sermon – The Reverend Dr David Madsen

A period of silence is kept.

Fr. Dave: Let us stand together and say the Nicene Creed

The Nicene Creed – (All say together)

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE - (Please stand or kneel if you are able)

Intercessor: The Lord be with you.

People: **And also with you**

Intercessor: Let us pray.

Intercessor: We pray for those around us as they live their lives.

People: **For those close, for those far away, and for those who have no one else to pray for them.**

Intercessor: For our communities, especially El Cajon.

People: **For friends, strangers, and the ties that keep them together.**

Intercessor: For our nation – we pray for wisdom for its leaders, particularly our President, and for the health and safety for those serving in the military. Especially Kendall, Lindzy, Denny, Cris, Ben, Bryan, Matt, Clarence, David Nye, Kristyn, Eric, Stephanie, Donovan, Delia, Madison, and for our veterans.

People: **May it shine forth as a beacon of nobility and compassion.**

Intercessor: We pray for this earth, your creation;
People: **That we may be faithful stewards of its bounty.**

Intercessor: We lift up all those on the front lines of this pandemic and their families.
People: **Jesus, Lord of life, hear our prayer.**

Intercessor: We pray for unity in the Church, and peace for all its members;
People: **For those who spread your Gospel by word or by action.**
People: **We pray for the leaders of our church; for Michael our presiding bishop, Susan our bishop, Dave our rector, and for all bishops, priests and deacons.**

Intercessor: We lift up to you our concerns, praying especially all who are refugees, Dick Walter, Heather and baby Elias, Samson, Hilda & Due family, Christine Peters, Judith Taylor, Victoria, Penny, Betty Levie, Ralph McMillen, Arlene French, Lillian, Marie Pedrin-Guzoni, Judy Setford, Bill Bishop, Bob Johnsen, Amena Pouls, Debbie Baloch, George Elia, Lou Toth, and Karl.

(Please take a few moments to express thanks to God either vocally or silently.)

Intercessor: We pray for those who have died.
People: **Grant rest to their souls and comfort to those they have left behind.**

Celebrant: Lord hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your name, through Jesus Christ our Lord.
People: **Amen.**

THE CONFESSION

Celebrant: We also pray for forgiveness:

Celebrant and People:
Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

Celebrant: Almighty God have mercy on you, forgive you for all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant: The Peace of the Lord be always with you!

All: **And also with you.**

Because of the coronavirus, please do not touch hug or leave your area of worship. Please remember that Passing the Peace is part of our liturgy. It is a time to welcome each other and to share a phrase like: "The peace of the Lord be with you", and to hear a response in kind like "And also with you". It is not intended to be a time for discussion.

ANNOUNCEMENTS – *Please remember to give announcements to someone before the service or after the service or to leave them at the office. Until further notice we ask that no-one comes forward at announcement time except for the one appointed to give announcements.*

SPECIAL PRAYERS FOR BIRTHDAYS, ANNIVERSARIES AND TRAVELERS

(If you had a birthday, anniversary last week or this week, or if you are going to travel soon, please stand and we will pray for you. Please do not come forward at this time. Thank you.)

Birthday: O God, our times are in your hand: Look with favor, we pray, on your servant(s) _____ as *he/she/they* begin another year. Grant that *he/she/they* may grow in wisdom and grace and strengthen *his/her/their* trust in your goodness all the days of *his/her/their* life; through Jesus Christ our Lord. Amen.

Many happy returns on the day of your birth. May seasons of joy be given? May God in his mercy prepare you on earth for a beautiful birthday in heaven. Amen.

Anniversaries: Lord, we thank you for this couple _____ and for all of the years that they have had together. Today, as we celebrate their anniversary, our prayer is that you will continue to bless them. Lord, we pray that you will honor their commitment to each other and to You by granting them many more years of happiness together. Amen.

Travelers: O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel _____; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

OFFERING PRAYER

We will not be passing the offering plate until a future time. If you have an offering with you please put it in the collection box as you come forward for communion, or on your way out, there is another collection box near the door in the back of the nave by the door to the narthex.

Celebrant: Heavenly Father, we thank you for all the blessings that come our way, and may we remember to give to you with a joyful heart remembering these words. "All good things come from you our Lord"

All: **And of your own we have given you.**

THE GREAT THANKSGIVING

Sursum Corda (*Please stand, as you are able*)

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Being; and we celebrate the one and equal glory of you, O Father, and of the Son, and of the Holy Spirit. Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven who forever sing this hymn to proclaim the glory of your Name.

The Sanctus – S124 (To be read in unison)

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Hosanna in the highest.

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

People: Amen

The Lord's Prayer

Officiant: The Lord be with you.

People: **And also with you.**

Officiant: Let us pray

The Lord's Prayer – (To be read in unison)

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses,	as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.
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THE HOLY COMMUNION

A moment of reverence is kept.

The Breaking of the Bread

Celebrant: Christ our Passover is sacrificed for us

People: **Therefore, let us keep the feast.**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Hymn – Hymnal 339, "Deck thyself, my soul, with gladness"

1 Deck thyself, my soul, with gladness,
leave the gloomy haunts of sadness;
come into the daylight's splendour,
there with joy thy praises render
unto him whose grace unbounded
hath this wondrous banquet founded:
high o'er all the heavens he reigneth,
yet to dwell with thee he deigneth.

2 Sun, who all my life dost brighten,
light, who dost my soul enlighten,
joy, the sweetest heart e'er knoweth,
fount, whence all my being floweth,
at thy feet I cry, my Maker,
let me be a fit partaker
of this blessed food from heaven,
for our good, thy glory, given.

3 Jesus, Bread of Life, I pray thee,
let me gladly here obey thee;
never to my hurt invited,
be thy love with love requited:
from this banquet let me measure,
Lord, how vast and deep its treasure;
through the gifts thou here dost give me,
as thy guest in heaven receive me.

Post Communion Prayer
(Please stand, as you are able)

Celebrant and People:

**Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth a people, forgiven, healed, renewed;
that we may proclaim your love to the world and continue
in the risen life of Christ our Savior. Amen.**

Blessing

Now may the Lord of peace himself give you peace at all times and in every way. May the grace of the Lord Jesus Christ be with you all. In the name of the Father, Son and the Holy Spirit.

Dismissal

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Recessional – “Dona Nobis Pacem” (Give us peace)

Prayers

Please remember in your prayers all who are refugees, Dick Walter, Heather and baby Elias, Samson, Hilda & Due family, Christine Peters, Judith Taylor, Victoria, Penny, Betty Levie, Ralph McMillen, Arlene French, Lillian, Marie Pedrin-Guzoni, Judy Setford, Bill Bishop, Bob Johnsen, Amena Pouls, Debbie Baloch, George Elia, Lou Toth, and Karl.



Pray for those serving in the military especially, Kendall, Lindzy, Denny, Cris, Ben, Bryan, Matt, Kristin, Joe Bates, Donovan Burns, David Nye, Delia, Kristyn, Eric, Stephanie, Donovan, Madison, and for our country's veterans.

We pray for peace in Holy Land most especially for our Christian brothers and sisters in Indonesia, Sri Lanka, Burma, India, Afghanistan, Iran, Iraq, Saudi Arabia, Syria, Egypt, Pakistan, Tunisia, Eritrea, Yemen, Nigeria, and Somalia who are suffering deprivation, torture, and death for confessing Christ as their Lord.

We pray for all people in our country who are suffering from poverty, injustices, brutality, racial and sexual discrimination; for those that are sexually, physically and verbally abused or bullied; for the unemployed and the underemployed; for the uninsured and the under insured.

In our Diocesan cycle of prayer, we give thanks today for the clergy and people of St Alban's in El Cajon.

In the Anglican cycle of prayer, we give thanks today for The Anglican Church of Canada.

You may also send prayer requests for the prayer chain to: pennypark@cox.net

Participants in Today's ONLINE Worship

Rector: The Reverend Dr David Madsen

Reader(s): TBD

Prayers: Judy Brown

Music Director: Naomi Madsen

Organist: The Reverend Dr Paul Carmona

Streaming Tech: Hsa Blu Moo, Hser Tha Law, Sa Nay Kyaw

Altar Assistant: Sa Nay Kyaw

Vergers: Judy Brown

Worship on the campus of St. Alban's began reconvening on Sunday October 4 under the guidelines as set by San Diego County, the State of CA, and the Episcopal Diocese. Please read through them. Please call the St Alban's office at 619-444-8212 with any questions. Thank you for your help in continuing to keep our campus safe!



Thank You for Your Support
During these challenging times, we
encourage you to support your home church.
If you have no home church and like what you see here
you may support St Alban's Ministries by going to:
<https://st-albans-church.org/giving>

Announcements for the week of 2/21/2021

Get your 2021 Kalendar!

The new Episcopal Kalendar is now available for 2021 for just \$5.00! A convenient size, and all the important dates relevant to the Episcopal calendar year are clearly designated with helpful information on the back of each month's page. To get yours just contact the St Alban's office, (T-F, 9am-1pm, 619-444-8212), and get yours today!

Sunday School Lessons via ZOOM

The Sunday School is using Zoom as an innovative way to still have Sunday lessons on Sundays. Our Sunday School director, Caroline Hurd, has created a group named "St Alban's Sunday School". **Please send a text to 619-820-0674 if your children would like to join in the ZOOM lesson** and Caroline will add your cell phone number to the Sunday School families who will have access to join this weekly group. Lessons will run about 20 min and begin at **9:00am** so families can enjoy the St Alban's live stream of the Holy Eucharist worship services at 9:30am.

Also please note: St. Alban's Sunday School has an email address: **stalbansundayschool@gmail.com** please use this as well with any questions about Sunday School or attending the Zoom Sunday School meetings.

Sunday School Zoom info: **https://zoom.us/j/93662640101**

Meeting code: 71927243001 Password: Di38xF

One tap mobile: +16699009128,,93662640101# US (San Jose)

Where to Find Other St Alban's Weekly Meetings on ZOOM

Saturday Coffee time with Father Dave & Vestry meeting -

Saturdays at 10 AM. Vestry meeting is 2nd Saturday. There is no coffee time on that Saturday.

Meeting ID - 235 055 010 Password – 688794

Coffee Hour - Sunday at 11 AM

Meeting ID - 850 7170 9773 Password – 329523

Sunday Worship Service at 9:30am, This meeting can be found on the St Alban's Facebook page each Sunday morning. Please note that this info remains the same each week. The Meeting ID's and the Passwords do not change.

Regular Notices

Prayer Requests: To make a request for the prayer chain or bulletin or to update requests, please call Penny Park at 619-328-0692 or email: pennypark@cox.net. You are also invited to add a prayer request to be read in our Sunday public prayers. Names added will be listed for three weeks only, unless otherwise requested. We can also now receive prayer requests through our website: www.st-albans-church.org

Parking: If you are able-bodied, please park in the lot on Camden or the side streets, saving the prime spots for those who require a closer parking space. Thank you!

Report Misconduct: As part of our ongoing commitment to creating a safe haven for everyone, our diocese trains people in the prevention of misconduct and encourages all to report misconduct. All reported incidences are taken seriously and investigated thoroughly and confidentially. If you believe you have experienced misconduct of any kind, please contact Mr. John Seitman, jseitman@pacbell.net, 858-793-4555 or the Rev. Janet Wheelock, jwheelock@edsd.org, 952-240-8067.

St. Alban's Episcopal Church
490 Farragut Circle, El Cajon, CA 92020
Phone: 619-444-8212
E-mail: generalbusiness@stalbanschurch.info
Website: www.st-albans-church.org